South Oaks Gambling Screen

Name: __________________________

Date: ______________

1. Please indicate which of the following types of gambling you have done.
For each type, mark one answer which describes the last time you performed each listed behavior and how often you did the behavior. If you check “Not at all” simply go on to the next item as you will not need to report “how often”.

(When you did the behavior)  (How often?)

<table>
<thead>
<tr>
<th>Not at all</th>
<th>More than one year ago</th>
<th>Less than one year ago</th>
<th>In the past six months</th>
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</table>

- did any kind of gambling
- played cards for money (such as Texas Hold'em, poker, or other card games)
- bet on horses, dogs, or other animals (at OTB, the track or with a bookie) for money
- bet on sports for money (including basketball, football, parlay cards, Jai Alai, or other sports) with friends, a bookie, at work, etc.
- played dice games (including craps, over and under, or other dice games) for money
- gambled in a casino or on a casino boat (legal or otherwise) for money
- played the numbers or bet on lotteries, Kino, or Quick Draw
- played bingo for money
- played the stock, options, and/or commodities market
- played slot machines, poker machines, or other gambling machines
- bowled, shot pool, played golf or darts, or some other game of skill for money
- pull tabs or "paper" games other than lotteries (such as Lucky 7's)
- some form of gambling not listed above
- (please specify) ____________________________________
- gambled and used alcohol or drugs at the same time

2. How troubled or bothered have you been, due to your gambling, in the past six months? (Circle one)

<table>
<thead>
<tr>
<th>Not at all</th>
<th>Slightly</th>
<th>Moderately</th>
<th>Considerably</th>
<th>Extremely</th>
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3. Have you ever quit gambling for a period or time?

- I have never gambled
- No, I have never quit
- Yes, more than one year ago to today
- Yes, more than six months but less than one year ago to today
- Yes, in the past six months to today
- Yes, in the past month to today
- Yes, in the past week to today

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4. What is the largest amount of money you have ever gambled on any one day?
   - Never have gambled
   - $1 or less
   - More than $1 up to $10
   - More than $10 up to $100
   - More than $100 up to $1,000
   - More than $1,000 up to $10,000
   - More than $10,000

5a. Check which of the following people in your life has (or had) a gambling problem.
   - Father
   - Mother
   - A brother or sister
   - My child (ren)
   - A grandparent
   - My spouse or partner
   - A friend or someone else important in my life

5b. Have your family members ever been criticized about their gambling? (Check one)
    - Yes
    - No

6. When you gamble, how often do you go back another day to win back money you lost?
   - I do not or have not ever gambled
   - Never
   - Some of the time (less than half the time I lost)
   - Most of the time I lost
   - Every time I lost

7. Do you feel you have had a problem with betting money or gambling?
   - No
   - Yes, in the past but not now
   - Yes

7a. If you answered yes to item seven, how long ago did you have a problem betting?
   - More than one year ago
   - Less than one year ago
   - In the past six months
   - In the past month
   - In the past week

8. Have you ever claimed to be winning money gambling but weren’t really? In fact, you lost?
   - I have never gambled
   - Never
   - Yes, less than half the time I lost
   - Yes, most of the time

Please circle “yes” or “no” for each of the following statements as they describe you.

9. Yes No Did you ever gamble more than you intended to?
10. Yes No Have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?
11. Yes No Have you ever felt guilty about the way you gamble or what happens when you gamble?
12. Yes No Have you ever felt like you would like to stop betting money or gambling but didn’t think you could?
13. Yes No Have you ever hidden betting slips, lottery tickets, gambling money, I.O.U.’s or other signs of betting or gambling from your spouse, parents, children, or other important people in your life?
14. Yes No Have you ever argued with people you live with over how you handle money?
15. Yes No (If you answered yes to question 14): Have money arguments ever centered on your gambling?
16. Yes No Have you ever lost time from work or school due to betting money or gambling?
17. Yes No Have you ever borrowed from someone and not paid them back as a result of your gambling?
18. If you borrowed money to gamble or to pay gambling debts, who or where did you borrow from? (circle “yes” or “no” for each)

a. yes no From household money
b. yes no From your spouse or parents
c. yes no From other relatives, friends, boyfriends or girlfriends, or in-laws
d. yes no From banks, loan companies, or credit unions
e. yes no From credit cards or debit cards
f. yes no From loan sharks
g. yes no You cashed in stock, bonds, or other securities
h. yes no You sold personal or family property
i. Yes no You borrowed from your checking (you passed bad checks)
j. yes no You have (had) a credit line with a bookie
k. yes no You have (had) a credit line with a casino
South Oaks Gambling Screen (SOGS)
SCORE SHEET

Scores on the SOGS are determined by adding up the number of questions which show an “at risk” response:

Questions 1, 2, 3, 4, 5a, & 5b – Not Counted

Question 6 – Most of the time I lost
   Or
   Every time I lost

Question 7 – Yes, in the past but not now
   Or
   Yes
Question 7a – Not Counted

Question 8 – Yes, less than half the time I lose
   Or
   Yes, most of the time
Question 9  – Yes
Question 10 – Yes
Question 11 – Yes
Question 12 – Yes
Question 13 – Yes
Question 14 – Not Counted
Question 15 – Yes
Question 16 – Yes
Question 17 – Yes
Question 18 a – Yes
   b – Yes
   c – Yes
   d – Yes
   e – Yes
   f – Yes
   g – Yes
   h – Yes
   i – Yes
Questions 18  j & k – Not Counted

TOTAL = ________ (There are 20 questions which are counted)

0 = No problem
1-4 = Some problem
5 or more = Probable pathological gambler

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