



IPGAP Update – Special Edition

Responsible Gaming Week

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Have you ever felt the need to bet more and more and more money?

Have you ever had to lie to people about how much you gamble?

An answer "yes" to either or both of these questions may indicate a problem with gambling.

Lie Bet Screen by Johnson, E.E., et al. (1988).

FOR A CONFIDENTIAL

REFERRAL CALL



What is Responsible Gaming Week?



Responsible Gaming Education Week (RGEW), held annually during the first week of August, was created by the American Gaming Association (AGA) in 1998 to increase awareness of problem gambling among gaming industry employees and customers and to promote responsible gaming nationwide. The AGA and the entire gaming industry realize that education is essential to promoting responsible play and increasing awareness of gambling disorders, and RGEW provides organizations with an opportunity to expand on work they do every day educating employees and patrons about the issue.



Responsible Gaming Tips for Individuals

1. Don't think of gambling as a way to make money

The venue is using gambling to make money. It's not designed to work the other way around

2. Only gamble with money you can afford to lose

Gamble within your weekly entertainment money, not with your phone bill or rent budget.

3. Set money and time limits and stick to them

Setting limits is a great way to keep track of the amount of time and money you spend gambling.

4. Never chase your losses

Gambling is a form of entertainment so if you start chasing your losses, walk away.

5. Don't gamble when you're depressed or upset

If you gamble to overcome loneliness, relieve stress, or to win back money, consider that it might be a sign of something bigger.

6. Balance gambling with other activities

Make sure gambling isn't your main pastime.

7. Leave your credit and debit cards at home

Using cash and leaving the cards at home is a good way to manage the amount you spend and help you stick to your limit.

8. Take breaks

Gambling continuously can cause you to lose track of time and perspective.

9. Limit drinking when gambling

Alcohol and drugs cloud judgment and this can affect the decisions you make when gambling.

10. Learn from past gambling experiences

If you sometimes feel anxious, guilty or just uncomfortable during or after betting, recognize it and do something about it.

Adapted from: <http://www.rgaw.com.au/>



Responsible Gaming Tips for Casino's

Show your dedication to responsible gaming as your facility and your support of responsible gaming for your patrons. Here are some steps you can take:

- Have a process to deny casino play privileges and access to credit, check-cashing, and casino promotions.
- Display toll-free helpline numbers for problem gambling in your ads, brochures, and signs.

- Provide information to guests about the importance of gambling responsibly and how to recognize signs of a potential problem.
- Train your employees about responsible gaming.
- Emphasize to your employees that casino gaming is an adults-only activity, and require them to be vigilant in preventing individuals under the legal age from playing at our casinos.
- Restrict the placement and content of your advertising and marketing materials to age-appropriate venues and messages.

Adapted from: <https://www.americangaming.org/advocacy/toolkits/responsible-gaming>



Responsible Gaming Tips for Counselors:

- During this week use the opportunity to provide educational and information efforts to your staff and clients. Here are some suggestions:
- Provide a refresher gambling 101 training for all of your staff
- Include problem gambling information in your staff meeting or weekly newsletter
- Set up a problem gambling information table in your lobby
- Run a message on your social media pages
- Screen all new and current clients for problem gambling
- Hold a family or community information session at your facility
- Speak at a local community event regarding problem gambling

Hollywood Casino Video on Responsible Gaming:

