



IPGAP Update

March 6, 2017

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Links

www.ipgap.indiana.edu

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Have you ever felt the need to bet more and more and more money?

Have you ever had to lie to people about how much you gamble?

An answer "yes" to either or both of these questions may indicate a problem with gambling.

Lie Bet Screen by Johnson, E.E., et al. (1988).



1	Gambling Awareness: Introduction to PGAM	General Population	<ul style="list-style-type: none"> • Problem gambling is a public health issue • PG is treatable and most who seek recovery achieve it • 6 mil or 2% of American adults estimated to meet criteria for PG
		Healthcare Professionals/ Health Agencies & State Affiliates	<ul style="list-style-type: none"> • Problem gambling is in DSM 5 • Highly co-occurring with other disorders • Recovery supports include self help groups like Gamblers Anonymous and Gam-Anon
		Gaming Professionals	<ul style="list-style-type: none"> • Great opportunity for gaming organizations to show their support for organizations who provide safety net for problem gamblers. • Opportunity for gaming organizations to highlight their responsible gaming programs and policies.

For more information on events, resources, promotional materials and how you can help, please visit: www.ncpgambling.org



Indiana Problem Gambling Awareness Month Training Event

The Indiana Council on Problem Gambling and the Indiana Problem Gambling Awareness Program Present:

E-Sports? Fantasy Sports? Gaming and the Brain? How much do you know? Come to this two day training in Indianapolis to learn more!

To register for the training, please go to: <http://www.ipgap.indiana.edu/training/>

This training event is designed for prevention professionals, treatment providers, social workers, school personnel and anyone wanting to learn more about these emerging topics.

Training Includes:

- The Reality on Fantasy Sports: What We Need to Know in 2017
 - E-Sports: Trends & Concerns
 - Neuroscience Research and Process Addiction: How Our Brains React to Technology: The Good, The Bad, and the Ugly.
 - Family Therapy with Gamblers and Gamers
 - Harm Reduction for Process Addiction. Does it work and What Does it Mean for Engagement and Retention?
- Also Included: Short discussions on innovation and programs in Indiana!

Trainers: Julie Hynes, MA, RD, CPS
Margo Bristow, LLC MA, LPC, CADC, PCGC, ICCGC, CAMSI

The Indiana Problem Gambling Awareness Program (IPGAP) is funded by a contract with the Indiana Family and Social Services Administration Division of Mental Health and Addiction with funds through the Indiana Problem Gamblers' Assistance Fund.

Date: March 29th: 8:30 am to 4:15 pm Julie Hynes
March 30th: 8:30 am to 4:15 pm Margo Bristow

Cost: This training is absolutely free! Light Breakfast and Lunch will be served both days.

Location: NCAA Hall of Champions
700 W. Washington Street
Indianapolis IN, 46206

Registration is FREE! Space is LIMITED!

Attendees will receive 13 CEU's approved by the National Council on Problem Gambling. These education hours will also count for Indiana Problem Gambling Counselor hours.



Julie Hynes has specialized in addictions and problem gambling prevention for 15 years. She is coordinator of the Problem Gambling Prevention Program with PreventionLane, faculty with the Department of Counseling Psychology and Human Services at the University of Oregon, and a member of the Board of Directors of the National Council on Problem Gambling. A Certified Prevention Specialist, Julie is passionate about keeping pace with the latest in evidence-based prevention strategies as well as changing tides of gaming and gambling in the United States. In 2012, Julie was honored with the Wuefling Prevention Award from the National Council on Problem Gambling.



Margo Bristow has a Master's degree in Counseling Psychology from Lewis University in Romeoville, Illinois. Margo is a Substance Abuse and Problem gambling, and other process addictions counselor. She has been working with adult, teens and their families for over 25 years. Present certifications include a C.A.D.C. and P.C.G.C. from the Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc. (IAODAPCA). Additional certifications are Internationally Certified Compulsive Gambling Counselor (ICCGC) and Certified Anger Management Specialist I (CAMI). Margo is a member of the Motivational Interviewing Network of Trainers.

To register for the training, please go to: <http://www.ipgap.indiana.edu/training/>

You will need to create a training account including a user name and password. If you already have an account, but forgot your user name and password or need help with the registration system, please contact: desiree@indiana.edu.

COMING MARCH 2017 ...

to the Gary, Indiana Area

INTERNATIONAL GAMBLING COUNSELOR CERTIFICATION BOARD

CLERGY/LAY MINISTER CERTIFICATION

*in Problem Gambling Prevention, Education, Awareness,
and Spiritual Outreach Care*

FOUR MODULE TRAININGS (FREE*)

(required toward completion of Certification process)

Presented by the International Gambling Counselor Certification Board (IGCCB), all four required Curriculum Modules toward the *new non-clinical Certification for Clergy and Lay Ministers* will be given this March-April 2017 in Gary, Indiana. **This is a special collaborative effort with the Indiana Problem Gambling Awareness Program (IPGAP) and the Indiana Council on Problem Gambling.**

For those of you who need to pick up Modules for completing all four Modules, this is an opportunity to do so. For those of you who have completed all four Modules, please, feel welcome to share this information to others who would be interested in attaining **National/International Certification**.

Modules 1, 2, 3 and 4 ... Training Sessions March 2017

IGCCB Clergy/Lay Ministers Certification

MODULE 1: FRIDAY, March 24

MODULE 2: SATURDAY, March 25

MODULE 3: FRIDAY, March 31

MODULE 4: SATURDAY, April 1

ALL SESSIONS: Sign-In begins at 9:45 AM (Central Daylight Time)

Instruction Time: 10:00 AM - 4:30 PM (Central Daylight Time)

**Location: RESURRECTION HOUSE BAPTIST CHURCH
NORTHWEST INDIANA**

OF

1968 W. 11th Avenue, Gary, Indiana 46404

Registration is open. Register jjacobs@grmumc.org Please, indicate the Module(s) for which you are registering OR all Modules.

- **Cost:** The Trainings are FREE. Following the Trainings, there is an Administrative Fee of \$50 payable to IGCCB for continued work toward Certification. *Please note that the IGCCB has waived the \$185 initial Certification Fee through June 30, 2017.*

Meals: Lunches will be “working lunches” during class time. **Please, bring a sack lunch.** We will have coffee and light refreshments available during morning and afternoon breaks.

Directions:

FROM Interstate I - 65

From I - 65, exit onto I-94 W/ I-80 W/ U.S. 60 W. Continue west to Exit 9 for Grant St. Turn right onto Grant Street and travel about 1 ½ miles to W. 11th Avenue. Turn left onto W. 11th Ave. Proceed to 1968 W. 11th Ave., on left. Parking lot is adjacent to the church building.

Class begins at 10:00 AM (Central Daylight Time)

Local Contact Person: Reverend Carole Gulley (219) 678-0328
Resurrection House Baptist Church of Northwest Indiana: Phone # (219) 210-0507

The Clergy/Lay Ministers Certification is a Program of the International Gambling Counselors Certification Board. This is a National / International Certification.

The Four Modules total twenty-four classroom hours and 24 CEUs from IGCCB.

For more information on this Certification or the Trainings:

E-mail Rev. Janet Jacobs CCGSO at jjacobs@grmumc.org or call (812) 290-3022 or

Mr. Jeffrey Beck JD, ICGC-II at jbeck@psych.umaryland.edu

Life events and problem gambling severity: A prospective study

Wednesday, March 01, 2017

The WAGER, Vol. 22(3)

Accessed from: <http://www.basionline.org/2017/03/the-wager-vol-223-life-events-and-problem-gambling-severity-a-prospective-study.html>

Gambling behavior is rarely stable and, instead, often changes over time. It can be difficult to predict whether someone might develop, or overcome, a gambling problem; however, research has identified a variety of “life events,” such as traumatic experiences and major accomplishments, that might play a role. This week, as part of our Special Series on Gambling Disorder, THE WAGER reviews a longitudinal study by Christelle Luce and her colleagues that examines the cross-directional relationships between life events and gambling behavior at three different points in time.

What is the research question?

Do life events predict changes in gambling behavior?

What did the researchers do?

Luce and her colleagues completed 3 telephone interviews, each one year apart, with 250 people drawn from a large probability sample of adult residents of Quebec, Canada. Subjects answered questions measuring their gambling status using the Problem Gambling Severity Index (PGSI). Subjects reported whether certain life events (e.g., deaths in the family, losing one’s job, retirement) had occurred during the past 12 months. The researchers used structural equation modeling to determine whether the number of life events an individual reported at Time 1 was predictive of their PGSI score at Time 2, while also taking into account that individual’s PGSI score at Time 1. They also used linear regression to examine the relationship between life events reported at Time 2 and PGSI scores at Time 3.

What did they find?

They discovered that life events in the year before Time 2 predicted increased PGSI scores between Time 2 and Time 3, even when taking into account PGSI scores at Time 2. Of the individual life events that were examined, retirement was the strongest predictor of increased problematic gambling behavior, followed by job loss, and having trouble with one’s boss. None of the individual life events predicted decreased problem gambling behavior.

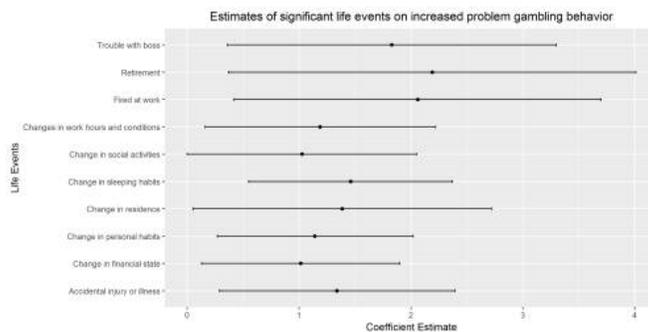
Why do these findings matter?

This study demonstrates that life events precede changes in gambling behavior in a predictable way. This makes it important for clinicians treating addictive behavior to monitor what is happening in their patients’ lives. Doing so will enable the best possible treatment. Perhaps one of the most surprising findings of this study was that a seemingly positive life event (retirement) was the strongest predictor of increased gambling problems. Some might not find this surprising at all. Speaking about retiring professional athletes, NBA great Charles Barkley suggests that even the minor negative aspects of life events such as retirement, like boredom, can lead to problematic behavior.

Every study has limitations. What about this one?

The authors report that many life events found to be associated with problem gambling (e.g., death of spouse, divorce) in previous research were not found to be significant in their study, which was likely because too few respondents reported these situations happening to them. Also, although the study's sample was initially representative of the general population in the first wave of interviews, younger participants and participants who were employed were more likely to drop out, which limits the generalizability of the study's findings.

Figure 1: Estimates of significant life events on increased problem gambling behavior. The circles in the figure represent model coefficients and the lines indicate 95% confidence intervals. Only statistically significant coefficients are reported. **Click image to enlarge**



For more information:

If you are concerned that you or a loved one has a gambling problem, please visit the [National Council on Problem Gambling](#).

We provide free, anonymous resources, including gambling screening and self-help tools. You can find them [here](#).

-- Timothy Edson