



May 12, 2016

# IPGAP Update

## In This Issue

- Cognitive Behavioral Therapy Training Event in Bloomington.
- Building a Movement of Moms – Webinar.
- Gambling and Financial Well-Being Website.

## Links

[www.ipgap.indiana.edu](http://www.ipgap.indiana.edu)

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## Indiana Problem Gambling Awareness Program

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Have you ever felt the need to bet more and more and more money?

Have you ever had to lie to people about how much you gamble?

An answer “yes” to either or both of these questions may indicate a problem with gambling.

Lie Bet Screen by Johnson, E.E., et al. (1988).

FOR A CONFIDENTIAL

# Cognitive Behavioral Therapy for Problem Gambling Training Event

The Indiana Problem Gambling Awareness Program is pleased to present a spring training opportunity in Bloomington.

**Trainer:** Heather Chapman PhD, NCGCII

**Topic:** CBT for Problem Gambling

CBT has been found to be a best practice for treating problem gamblers. This workshop will focus on CBT and how you integrate it into your treatment approaches. Both the advanced and more recent counselor will gain skills and knowledge

**Dates:** June 13<sup>th</sup> 12:30pm to 4:30pm and June 14<sup>th</sup> 8:30am to 3:30pm

**Cost:** This training is absolutely free! Coffee and Tea available throughout the day. Many local restaurants nearby for lunch included).

**Location:** Bloomington Monroe County Convention Center  
302 S. College Avenue  
Bloomington, IN 47403

**Register:** To register for the training visit the IPGAP website at <http://www.ipgap.indiana.edu/training/> and select the In-training “Cognitive Behavioral Therapy for Problem Gambling”. If you do not already have an account, you will need to one in order to register.

**Education Hours:** Up to 10 Indiana problem gambling counselor training hours are included. Certain license and design CEU hours may also be counted.

**Heather Chapman PhD, NCGCII:** Dr. Heather Chapman is a clinical psychologist, a National Certified Gambling Counselor and Board Certified Clinical Consultant for the National Council on Problem Gambling, and a member of the Motivation Interviewing Network of Trainers. She is the Deputy Director of the Veterans Addiction Recovery Center and the Director of the Gambling Treatment Program at the Louis Stokes Cleveland VA Medical Center, the only residential and leader of gambling treatment for the VA and Department of Defense. She speaks throughout the world on problem and pathological gambling research interests include gambling and suicidality and personality subtyping of pathological gamblers

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Join us for our next Third Thursdays free webinar!



## Building a Movement of Moms

presented by  
Gretchen Burns Bergman  
Executive Director and Co-Founder of [A New PATH](#)

## REFERRAL CALL

1-800-994-8448

The Indiana Problem Gambling Awareness Program (IPGAP) is funded by a contract with the Indiana Family and Social Services Administration Division of Mental Health and Addiction with funds through the Indiana Problem Gamblers' Assistance Fund.

May 19, 2016 | 3:00 - 4:00 pm EST



This presentation will include:

- How parents have been successful in demanding a change in drug policies through campaigns and social media.
- The creation of Moms United to End the War on Drugs campaign which advocates for the ending of stigmatization and criminalization of people who use drugs or who struggle with substance use disorders.
- How to promote policy positions that reduce the harms associated with drug use and addiction.
- Advocacy gains made and next steps for the future.

About the presenter:

**Gretchen Burns Bergman** is the Executive Director and Co-Founder of A New PATH. She served as State Chairperson for Proposition 36, mandating treatment instead of incarceration for non-violent drug offenders. A native of San Diego, she is Owner/Director of Gretchen Productions, a Fashion Show Production Company, started in 1979. Her articles on treatment vs. incarceration have been published nationwide, and she has spoken before countless audiences on the topic of therapeutic justice for people with addictions. She has two grown sons who have struggled with addictive illness.

"As a parent, I know first-hand how pointless and dangerous it is to throw a drug-sick individual in prison, where he is treated like human storage, rather than giving him the services to recover, to make amends and heal wounds that he inflicted while living in the nightmare of addiction, so as to be able to give back to society."

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Take a look at this Gambling and Financial Well-Being site just for women <http://bit.ly/1S6xkS6>. From CT Problem Gambling Services, compliments the [National Council on Problem Gambling](#).