



Problem Gambling Prevention

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www.ipgap.indiana.edu

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Have you ever felt the need to bet more and more and more money?

Have you ever had to lie to people about how much you gamble?

Holiday Lottery Campaign



We would like to encourage parents and loved ones not to give lottery products as holiday gifts to minors. Research shows that the majority of adolescents gamble at least occasionally, and that lottery products may be a gateway to problem gambling. Youth gambling has been shown to be linked to other risk-taking and addictive behaviors such as smoking, drinking and drug use.

The Indiana Problem Gambling Awareness Program in collaboration with the Indiana Council on Problem Gambling and the Hoosier Lottery would like you to encourage those in your community to gift responsibly. Here are a few things you can do within your community and organization to show support for this campaign.

- Start a discussion on your facebook page "Do you think it is appropriate to give lottery tickets to kids under 18 as a gift"
- Send a press release to your local newspaper
- Feature this campaign on your website
- Handout flyers at community events and meetings
- Send out a mass email
- Include an insert in your company holiday cards about gifting responsibly
- Place posters and materials around the office
- Include the gift responsibly information and the gambling helpline as the tag line on your emails.



SAFE BET TRAINING

Problem Gambling Prevention and Education



If you are interested in receiving training on the Safe Bet problem gambling prevention and education material, IPGAP will come to your office to conduct this three hour training for free. This curriculum can be used with adults in your community as a problem gambling prevention tool or education program.

An answer “yes” to either or both of these questions may indicate a problem with gambling.

Lie Bet Screen by Johnson, E.E., et al. (1988).

FOR A CONFIDENTIAL REFERRAL CALL

1-800-994-8448

For additional resources, visit the Indiana Council on Problem Gambling at <http://www.indianaproblemgambling.org>

Or

Indiana Problem Gambling Awareness Program at www.ipgap.indiana.edu.

The Indiana Problem Gambling Awareness Program (IPGAP) is funded by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction with funds through the Indiana Problem Gamblers' Assistance Fund.

Each participant will receive a 32-page Interactive Journal designed for individuals at risk for problem gambling behaviors. Safe Bet challenges individuals' common conceptions about gambling, helps individuals recognize their motivations for their gambling and offers tips and strategies to replace or diminish harmful gambling behavior. The Journal motivates individuals to take on the responsibility of making healthy gambling choices in the future.

As trainers you will receive a facilitators guide and as many booklets as you need for your community to get started using the Safe Bet program.

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Thank you for another successful year of the Indiana Annual Recovery Month Symposium. This year we had over 350 attend from across Indiana and the surrounding states. Thank you to all of the presenters, staff, and participants that made this conference such a success.

To view the power point presentations for the 2014 conference, please [click here](#)

Soul Crush Story: A Video Game to Teach About Healthy and Harmful Video Gaming

<http://www.problemgambling.ca/EN/ResourcesForProfessionals/Pages/Soul-Crush-Story.aspx>

Soul Crush Story was designed to be an engaging way to deliver health promotion messages related to video gaming. It is an interactive tool for health educators who would like to facilitate a workshop for youth/young adults around video gaming. The goals are to build the player's awareness of some of the ways that games manipulate behaviour, while encouraging open conversation about video gaming and some of the risks. When the player tries to make a move in the game, an exaggerated “consequence” of the move takes place. The game uses standard “hooks” that make people want to continue playing.

- [Play the Game Soul Crush Story \(external link, opens in new tab\)](#)
- [Download the Facilitator's Guide \(PDF\)](#)
- [Download Healthy Video Gaming Tip Sheet \(PDF\)](#)
- [Download Video Gaming Finding Help \(PDF\)](#)

