

Issues of Youth Problem Gambling in Indiana

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About IPGAP

The Indiana Problem Gambling Awareness Program is a project funded by the Division of Mental Health Addiction to raise the awareness of problem gambling and promote treatment options in Indiana. This project is associated with the Indiana Prevention Resource Center (IPRC), DMHA's substance abuse prevention technical assistance contractor. Our mission is to provide resources and information to raise the awareness of problem gambling in Indiana and to support the treatment and prevention efforts of the state.

Abstract

This poster session will review the youth gambling behaviors data collected in Indiana. It will discuss the activities being undertaken to prevent the development of problem gambling among youth and adolescents in Indiana. This poster session will also highlight the activities of the Indiana Problem Gambling Awareness Program and report on the trends in data that is being collected as part of this Initiative.

Relationship to substance abuse

- Problem Gambling may be a "gateway" to substance abuse, depression, anxiety and other significant mental health disorders.
- Pathological Gambling is an impulse control disorder as is addiction. Youth found to have a greater need for sensation seeking are more likely to take risks and engage in gambling and substance abuse behaviors.
- Problem gambling and substance abuse behaviors share similar risk and protective factors.
- Winters and Anderson (2000) found³:
 - Found lifetime alcohol use a strong predictor for gambling
 - Youth were 3x more likely to never have gambled if they have never used drugs
 - Youth were 3.8x more likely to be a weekly/daily gambler if they were a weekly/daily user of drugs

Why do youth gamble?

- To keep playing/stay in on the action or "prove themselves"
- To escape from stress and be "in control"
- For excitement and relief from boredom
- For social acceptance

Possible results of Problem and Pathological Gambling

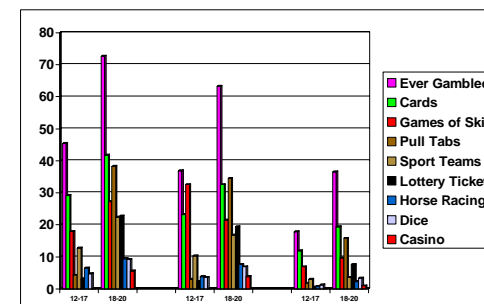
- Increased delinquency and crime
- Disruption of familial relationships
- Decreased academic performance, higher truancy, poor grades
- Higher rates of depression
- Higher rates of suicidal ideation and suicide attempts

Accessible gambling and social exposure

References

- ¹Gassman, R., Jun, M. K., Samuel, S., Martin, E. V., McCarthy-Jean, J. A., Lee, J., Kim, N., Konchada, S., Kondapuram, S. P., Morrison, A., Nautiyal, V., Pardue, N., Rayaprolu, S., Roby, R., Wang, T., and Zhou, B. (2006). Alcohol, Tobacco, and Other Drug Use by Indiana Children and Adolescents: The Indiana Prevention Resource Center Survey – 2006 (IDAP Monograph No. 06-01). Bloomington, IN: Indiana Prevention Resource Center.
- ²Wolf, J., Hutcherson, S. A., & Peyton, B. (2004). Gaming and Betting by 12 through 20 Year Olds in Indiana - 2004. Indiana University Public Opinion Laboratory. Indianapolis, IN: Indiana University - Purdue University, Indianapolis.
- ³Winters and Anderson, Journal of Gambling Studies, Vol. 16, No 2/3, 2000

Gaming and Betting Behavior in Indiana, Ages 12-17 & 18-20²



Alcohol, Tobacco and Other Drug Survey, 2006¹

Table 6. Any Gambling Behavior by Indiana Adolescents (percentages)

	2005	2006	Change
6 th	36.3	35.4	-0.9
7 th	40.7	39.1	-1.6 *
8 th	47.4	45.3	-2.1 *
9 th	47.5	45.3	-2.2 *
10 th	48.0	45.2	-2.8 *
11 th	47.1	45.1	-2.0 *
12 th	55.1	55.0	-0.1

*Statistically significant changes between 2005 and 2006 prevalence rates (p<.05).

Contact Information

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