



Indiana Prevention Resource Center

Deal Me In: Issues of Gambling Among College Students

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Indiana Prevention Resource Center



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Overview of Session

- Define games vs gambling
- Examine prevalence of college student gambling
- Discuss how to identify a gambling problem
- Review available resources

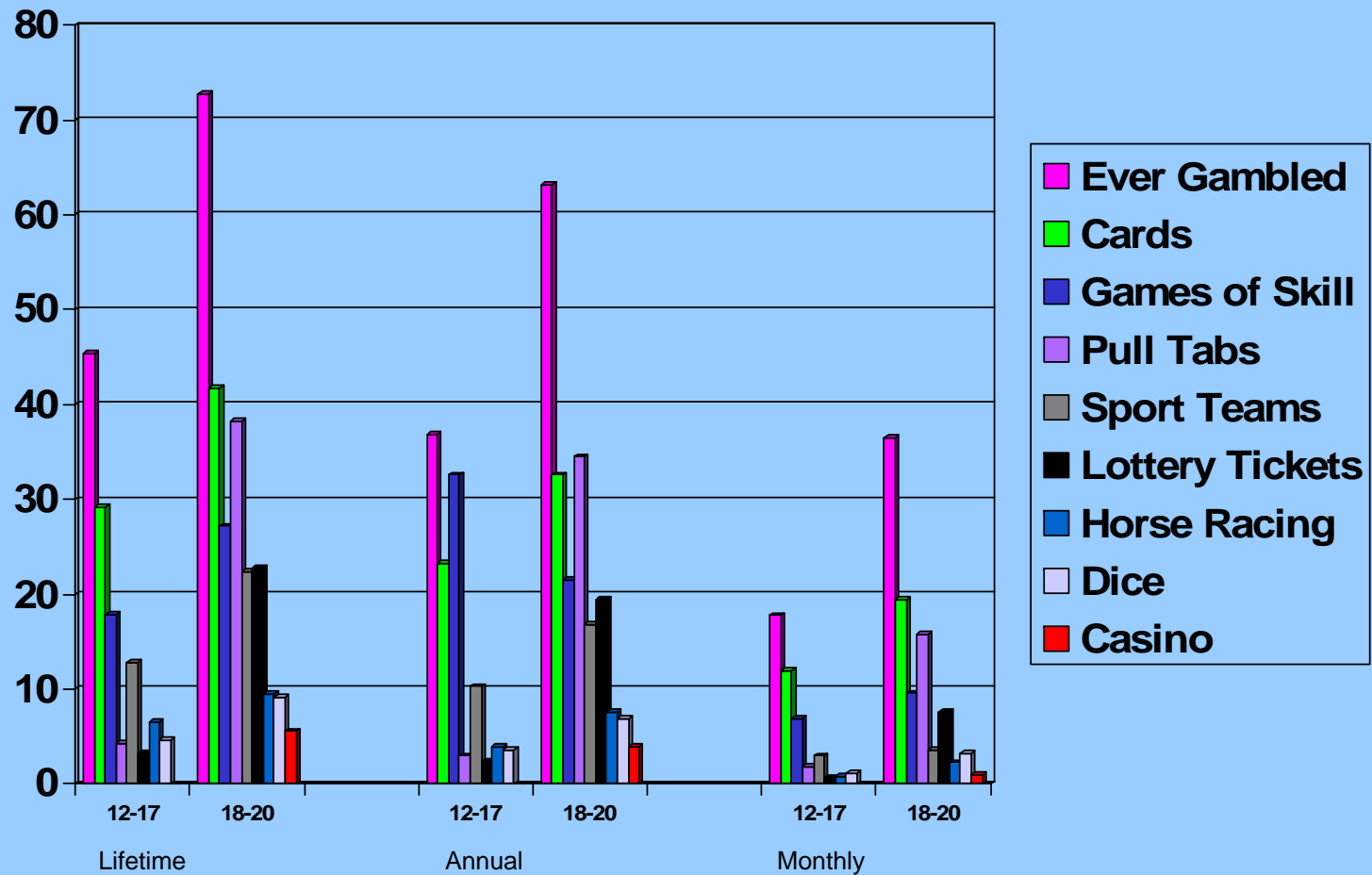
Games vs. Gambling

- Games are activities that involve one or more people, have a goal that is trying to be reached and rules to establish what can and can not be done. They are played primarily for enjoyment, but can have an educational role.
- Gambling is any behavior that involves risking something of value. It can be a game or contest that the outcome is dependent upon chance or the ability to do something.
 - <http://en.wikipedia.org/wiki/Games>

Prevalence of Gambling Among College Students

- 12.5% of Males and 2.2% of female college students played cards weekly in 2004.
- The rate for those not in school was 6.6% for males and 2.0% for females
- Students in the Midwest and South played at higher rates than those in the Northeast or West.
- In 2003, 25.9% of youth under 18 bet on cards weekly, in 2004 it was up to 43.2%
 - The Annenberg Policy Center, March 14, 2005

Gaming and Betting Behavior Indiana Ages 12-17 and 18-20



Activities at Universities around the Country

- Poker tournaments in Residence Halls, Fraternities and Student Unions
- School and Student Organization Sponsored events
- Tournaments at local bars
- On-line Contests
- Internet Gambling by Students
- Courses on Gambling
- Sports Betting

IU and Gambling

- Internet Poker
- Local Poker Games
- According to the Indiana Dept. of Revenue, playing for money is illegal (felony) unless at a casino or at a registered not for profit
- Increasing concern
- Students losing savings
- Increasing credit card debt
- IU does not currently have a written policy regarding gambling on campus—state and local laws prevail

Potential Problems

- Debt
- Missed Classes
- Alcohol often involved
- Alienation from friends and families
- Depression
- Addiction

Signs of Gambling Problem

- Frequency of Gambling Increasing
- Increasing amounts of time spent gambling
- Increasing amounts of money
- Increasing negative consequences (losses, poor grades)-
no decrease in gambling activity
- Gambling to deal with stress, depression or loneliness
 - Gambling Among College Students, Minnesota Institute of Public Health

Problem Gambling Phases

- **Winning Phase**
 - Fun, Excitement
 - Big Wins
 - Feeling on top of the world
 - Gambling is everything
- **Losing Phase**
 - Large loses
 - Using Credit to bet
 - Borrowing Money
 - Selling Possessions
 - Arguing
 - Missing school or work
- **Desperation Phase**
 - Obsessed with Next Win/next game
 - Lying
 - Depressed

Source: Wanna Bet, North American Training Institute

What can you do?

- Talk to the student
- Use a screening tool
- Talk to the GA for your neighborhood, they will refer you to the ADIC
- Call the Problem Gambling Help Line
1-800-346-3077

Screening Tool

Services

Please contact the IPRC for any of these free services:

- Local-level data collection and reporting drug use trends
- PREV-STAT™ community analysis reports
- Grant-writing workshops and services
- Consultations
- Library services
- Publications and information
 - *Prevention Newsline*
 - *Monographs*
 - *Factlines*
- Public Service Announcements (PSAs)

Contact us

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