

Problem Gambling Screening

This factsheet is to assist you with identifying someone that may potentially have a problem gambling issue.

Initial Assessment:

Ask the person these two questions. If they answer yes to either or both of these questions, additional screening and follow-up is needed.

1. Have you ever felt the need to bet more and more money?
2. Have you ever had to lie to people important to you about how much you gamble?

Lie Bet Screen by Johnson, E.E., et al (1988)

Positive Screening Results

If the answer is “yes” to one or both of the screening questions, they should look into the option for further screening. Call the **toll - free hotline at 1-800-994-8448** for additional screening and possible treatment. If the person feels uncomfortable or is hesitant, someone else may make the call for them to secure a referral at the nearest state endorsed provider.

**Indiana
Problem Gambling
Awareness Program**

501 North Morton Street, Suite 110
Bloomington, Indiana 47404
812-855-1237
800-346-3077
www.ipgap.indiana.edu

The Indiana Problem Gambling Awareness Program (IPGAP) is funded by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction with funds through the Indiana Problem Gamblers' Assistance Fund.

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Problem Gambling Screening

Problem Gambling can affect anyone. Compulsive gambling is a diagnosable, treatable disorder, which affects the gambler and his/her family, friends, employer and community.

What are the sign of Problem Gambling?

- ***Spends a lot of time gambling:*** May miss work, school, family obligations or other important events.
- ***Gambles to escape:*** Frequently talks about wins, but keeps loses and information about family finances to themselves.
- ***Suffers severe mood swings:*** The person's state of mind depends on whether or not he/she wins or loses; when not gambling the person may become anxious or angry.
- ***Bets increase in size:*** The person bets higher and higher amounts in hopes of breaking even or winning back losses.
- ***Tries to stop gambling, but can't:*** A compulsive gambler may try to stop gambling, but in most cases is unable to quit without help.

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