

Voluntary Exclusion Program

This program allows individuals to self exclude from all Indiana casinos by completing just one form.

More information about the program is available at www.in.gov/gaming or by calling the Indiana Gaming Commission at 317-234-3600.

ENROLLMENT: A person may sign up at any Indiana casino or at the Indiana Gaming Commission office in Indianapolis for one year, five years or lifetime exclusion. The list of excluded persons is confidential. A Request for Voluntary Exclusion form must be completed in person, witnessed by a gaming agent or staff member. Once enrolled, it is the responsibility of the VEP participant to stay away from gaming areas of the casinos.

REMOVAL: A person signed up for one or five years may request removal from the program at the expiration of that time period. A Request for Removal form must be completed in person, witnessed by a gaming agent or staff member. Pending Indiana Gaming Commission approval, the person will then be removed from the program.

There are currently over 1,374 people in Indiana participating in the Voluntary Exclusion Program

Resources

Call 1-800-994-8448 for a confidential problem gambling treatment referral

Division of Mental Health and Addiction
www.in.gov/fssa/dmha

Indiana Problem Gambling Awareness Program
www.ipgap.indiana.edu

Indiana Council on Problem Gambling
www.indianaproblemgambling.org

Gamblers Anonymous
www.gamblersanonymous.org

National Council on Problem Gambling
www.ncpgambling.org

Indiana Problem Gambling Treatment Resource Network

A Guide for Problem Gambling Treatment in Indiana

This brochure contains information on problem gambling screening, treatment providers, gambling services, exclusion programs, helpline, and meetings.

Problem Gambling Helpline: 1-800-994-8448

The Indiana Problem Gambling Treatment Resource Network is funded by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction with funds through the Indiana Problem Gamblers' Assistance Fund.

Services

Once you have completed a full comprehensive screen with an Endorsed Provider and have been deemed eligible for Problem Gambling services you will be able to access one or more of the following:

Financial Counseling
Transportation
Family and Support Services
24 hour Crisis Intervention
Case Management
Intensive Outpatient
Counseling and Treatment
Problem Gambling Residential Treatment
Problem Gambling Day Treatment
Medication Evaluation and Monitoring
Psychiatric Consultation
Problem Gambling Education

Go to a meeting!

Online: www.gamblersanonymous.org or
www.indyga.org

Phone: 1-800-gahelps, national hotline or
1-866-442-8621, Local Indy

20 Questions

If you can answer yes to at least seven of these questions, you have a gambling problem.

1. Did you ever lose time from work or school due to gambling?
2. Has gambling ever made your home life unhappy?
3. Did gambling affect your reputation?
4. Have you ever felt remorse after gambling?
5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
6. Did gambling cause a decrease in your ambition or efficiency?
7. After losing did you feel you must return as soon as possible and win back your losses?
8. After a win did you have a strong urge to return and win more?
9. Did you often gamble until your last dollar was gone?
10. Did you ever borrow to finance your gambling?
11. Have you ever sold anything to finance gambling?
12. Were you reluctant to use "gambling money" for normal expenditures?
13. Did gambling make you careless of the welfare of yourself or your family?
14. Did you ever gamble longer than you had planned?
15. Have you ever gambled to escape worry, trouble, boredom or loneliness?
16. Have you ever committed, or considered committing, an illegal act to finance gambling?
17. Did gambling cause you to have difficulty in sleeping?
18. Do arguments, disappointments or frustrations create within you an urge to gamble?
19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20. Have you ever considered self destruction or suicide as a result of your gambling?

Provided by Gamblers Anonymous

Indiana Resources

Indiana Problem Gambling Helpline

Treatment providers are located throughout the State. Information about treatment services is available 24 hours a day, seven days a week by calling the Indiana Problem Gambling Help Line 1-800-994-8448. Callers will be screened and referred to the most appropriate resources based on their needs. All calls are confidential.

Indiana Problem Gambling Awareness Program

A project funded by the Division of Mental Health and Addiction to raise the awareness of problem gambling and promote treatment options in Indiana. For more information visit the IPGAP website at: www.ipgap.indiana.edu.

Division of Mental Health and Addiction
Indiana Family and Social Services
Administration

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www.in.gov/fssa/dmha